

COAST

REFLECTING ORANGE COUNTY'S FINER LIFESTYLE | SEPTEMBER 2007



THE GREEN ISSUE

DAILY COOKING

...ting crafty
cookbooks
reading –

THE HOUSE

...efcake, the recipe
...my tome by cele-
...chef Bruno Serato.
...ookbook, the 135-
...photos of Serato's
...s like Salmone al
...hed salmon with
...otatoes) opposite
...ale models in sug-
...ni mushroom sauce

has never seemed as sinful as when delicately placed between the chiseled pecs of a shirtless young man.

THE BELLS ARE RINGING: A CALL TO TABLE

A COLLECTION OF RECIPES CELEBRATING
MISSION SAN JUAN CAPISTRANO; \$30
WWW.MISSIONSJ.C.COM

Now entering its second printing, this cookbook features 160 recipes inspired by the "Jewel of the Missions." Divided into sections for breakfast, lunch, dinner, and entertaining (think: drinks and appetizers), some of the books' culinary treasures include recipes for Father Art's Pozole, a contribu-

tion from Mission pastor Fr. Arthur Holquin; and Calabacitas de la Familia Rios, a zucchini dish dating back to the Juaneño Indians, who built the Mission.

The book also features recipes from local San Juan Capistrano restaurants, and is chock full of stories and photos documenting the 231-year-old Mission's rich history. Sales of the book benefit the Mission's preservation work.



IN THE KITCHEN WITH KIDS

BY BARBARA HUGHSTON; \$16.95
WWW.INTHEKITCHENWITHKIDS.COM

Dana Point mom Barbara Hughston targets a traditionally finicky crowd – children ages 10 to 17 – in this creative cook-

book. With the help of her cooking assistant, a.k.a. her 12-year-old daughter Kate, Hughston has "remodeled" some kid favorites like chicken fingers and mac 'n' cheese into healthier choices. Her secret ingredient? Avoiding red-flag food words like "Brussels sprouts." The book also includes tips on kitchen safety and how to improve your family's eating habits, as well as nutritional information for all 60 recipes from breakfasts to sides to beverages. –STEVE IRSAY



"Pineapples in Paradise" Luau Party box

THINKING INSIDE THE BOX

Sometimes the biggest thrills come in the smallest packages. The next time you decide to throw a bash for a loved one, you can have all the party supplies you need in one themed box thanks to the San Clemente-based party box supplier Posh Party Box.

From the dainty "Pretty in Pink" girl's baby shower to the whimsical "Aged to Perfection" birthday for "over-the-hill" folks, Posh Party Box has a themed box for almost any occasion. Each box contains invitations, decorations, place settings, cutlery, party favors, and any other festive accouterments you may need.

Company founder Sue Pierce says bringing parties to people has been a dream come true. "Despite having a very successful career in the corporate world most of my life, my true love has always been planning and hosting elegant parties," she says. Now, she encourages people to simply "unwrap the fun."

Prices range from \$125 to \$272; go to www.poshpartybox.com –AVA GHOFRIAN